



LUNCH MENU

MIDDLE SCHOOL & HIGH SCHOOL

October 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

KEY

G Grill
E Entree
V Vegan

		KEY		1		2		3	
		G	Grill	G	Loaded Potato Bar	G	Fried Chicken Sandwich Bar	G	Hot Dogs and Corn Dogs
		E	Entree	E	Spaghetti	E	Sweet and Sour Chicken	E	Chicken Mac and Cheese
		V	Vegan		Garlic Bread		Steamed Carrots		Broccoli
					Green Beans		Brown Rice		Garden Salad
				V	Fruit	V	Fruit	V	Fruit
					Pasta Marinara		Portabella Sandwich		Vegetables, Vegan Cheese
6		7		8		9		10	
G	Cheeseburger Bar	G	Philly Cheese Steak	G	Pork Nacho Bar	G	Pizza	G	Ramen Bar
E	Ground Beef Stroganof	E	Chicken Taco	E	Beef Pot Roast	E	Chicken Curry	E	BBQ Pork Mac and Cheese
	Steamed Carrots		Red Rice, Pinto Beans, Corn		Garlic Green Beans		Sauteed Squash		Broccoli
	Egg Noodles		Guacamole, Sour Cream		Roasted Potatoes		Naan, Brown Rice		Garden Salad
	Fruit		Fruit		Fruit		Fruit		Fruit
V	Vegan Burger	V	Portabella Philly	V	Vegan Cheese Nachos	V	Vegan Curry	V	Vegan Mac & Vegan Cheese
13		14		15		16		17	
NO SCHOOL FALL BREAK		G	BBQ Chicken Wings	G	BBQ Sandwich	G	Pizza	G	Ramen Bar
		E	Beef Burrito Bowl	E	Chicken Alfredo	E	Pork Fried Rice	E	Beef Mac & Cheese
			Pinto Beans, Yellow Rice		Sauteed Spinach		Green Beans		Broccoli, Mixed Veggies
			Roasted Peppers and Onions		Ceasar Salad		Sesame Ginger Salad		Garden Salad
			Fruit		Fruit		Fruit		Fruit
		V	Vegan Burrito Bar	V	Pasta Marinara	V	Vegan Pizza	V	Vegan Mac & Vegan Cheese
20		21		22		23		24	
G	Cheeseburger Bar	G	Philly Cheese Steak	G	Pork Nachos	G	Fried Chicken Sandwich Bar	G	Hot Dogs and Corn Dogs
E	Chicken and Gravy	E	Chicken Burrito Bowl	E	Chicken Scampi	E	Chicken Fried Rice	E	Pork Loin
	Steamed Carrots		Black Beans, Yellow Rice		Portabela Mushrooms		Garlic Green Beans		Peas, Cole Slaw
	Mashed Potatoes, Yeast Rolls		Roasted Peppers and Onions		Pasta		Sesame Ginger Slaw		Wild Rice Pilaf
	Fruit		Fruit		Fruit		Fruit		Fruit
V	Vegan Burger	V	Vegan Burrito Bar	V	Vegan Potato Bar	V	Vegetable Fried Rice	V	Roasted Vegetable Sandwich
27		28		29		30		31	
G	Cheeseburger Bar	G	Buffalo Wings	G	Fried Chicken Sandwich	EARLY DISMISSAL		NO SCHOOL PARENT/TEACHER CONFERENCES	
E	Chicken Pot Pie	E	Beef Taco	E	MOJO Pork				
	Peas, Steamed Carrots		Cilantro Rice, Black Beans		Sauteed Squash				
	Roasted Potatoes		Corn, Pico De Gallo, Sour		Rice and Beans				
	Fruit		Fruit		Fruit				
V	Vegan Burger	V	Bean Tacos	V	Roasted Vegetable Sandwich				