



# LUNCH MENU

The Early Education Center

OCTOBER 1 - 31, 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<b>1</b> <b>B</b> Scrambled Eggs <b>E</b> Spaghetti Garlic Bread Green Beans Fruit <b>S</b> Pretzel			<b>2</b> <b>B</b> Apple Muffins <b>E</b> Sweet and Sour Chicken Steamed Carrots Brown Rice Fruit <b>S</b> Sunbutter and Jelly	<b>3</b> <b>B</b> Sausage Biscuit <b>E</b> Chicken Mac and Cheese Broccoli Fruit <b>S</b> Banana Graham	
<b>6</b> <b>B</b> Cereal <b>E</b> Ground Beef Stroganof Steamed Carrots Egg Noodles Fruit <b>S</b> Mozz Sticks	<b>7</b> <b>B</b> Biscuits and Jelly <b>E</b> Chicken Taco Pinto Beans Red Rice Fruit <b>S</b> Churros	<b>8</b> <b>B</b> French Toast <b>E</b> Beef Pot Roast Peas Roasted Potatoes Fruit <b>S</b> Pretzel	<b>9</b> <b>B</b> Blueberry Mini Muffin <b>E</b> Chicken Curry Sauteed Squash Naan, Brown Rice Fruit <b>S</b> Grilled Cheese		<b>10</b> <b>B</b> Waffles <b>E</b> BBQ Pork Mac and Cheese Broccoli Garden Salad Fruit <b>S</b> Scoobies				
<b>13</b> <b>B</b> Cereal <b>L</b> Pizza Day Garden Salad w Ranch French Fries Fruit <b>S</b> Cheese and Crackers	<b>14</b> <b>B</b> Cinn Toast <b>E</b> Beef Tacos Corn Yellow Rice Fruit <b>S</b> Churros	<b>15</b> <b>B</b> Scrambled Eggs <b>E</b> Chicken Alfredo Sauteed Spinach Fruit <b>S</b> Pretzel	<b>16</b> <b>B</b> Apple Muffins <b>E</b> Pork Fried Rice Green Beans Fruit <b>S</b> Sunbutter and Jelly		<b>17</b> <b>B</b> Pancakes <b>E</b> Beef Mac & Cheese Broccoli, Mixed Veggies Garden Salad Fruit <b>S</b> Cheez Its				
<b>20</b> <b>B</b> Cereal <b>E</b> Chicken and Gravy Steamed Carrots Mashed Potatoes, Yeast Fruit <b>S</b> Mozz Sticks	<b>21</b> <b>B</b> Donuts <b>E</b> Chicken Tacos Corn Yellow Rice Fruit <b>S</b> Churros	<b>22</b> <b>B</b> French Toast <b>E</b> Chicken Scampi Spinach Pasta Fruit <b>S</b> Pretzel	<b>23</b> <b>B</b> Blueberry Mini Muffin <b>E</b> Chicken Fried Rice Garlic Green Beans Sesame Ginger Slaw Fruit <b>S</b> Grilled Cheese		<b>24</b> <b>B</b> Waffles <b>E</b> Pork Loin Cole Slaw Wild Rice Pilaf Fruit <b>S</b> Bug Bites				
<b>27</b> <b>B</b> Cereal <b>E</b> Chicken Pot Pie Steamed Carrots Roasted Potatoes Fruit <b>S</b> Cheese and Crackers	<b>28</b> <b>B</b> Biscuits and Jelly <b>E</b> Beef Taco Corn Rice Fruit <b>S</b> Churros	<b>29</b> <b>B</b> Scrambled Eggs <b>E</b> MOJO Pork Sauteed Squash Rice and Beans Fruit <b>S</b> Pretzel	<b>30</b> <b>B</b> Apple Muffins <b>L</b> Chicken Nuggets Mashed Potatoes Fruit <b>S</b> Sunbutter and Jelly		<b>31</b> <b>B</b> Pancakes <b>L</b> Pizza Day Garden Salad w Ranch French Fries Fruit <b>S</b> Cheddar Bunnies				