

## **LUNCH MENU**

## The Early Education Center **JULY 1 - AUGUST 1, 2025**

| Cereal Chicken Tenders Creek Beans Steamed Carrots & Ranch Potato Salad Fruit Fruit Fruit Fruit Cheese Sandwich Steamed Carrots & Ranch Potato Salad Fruit Probable Steamed Carrots & Ranch Potato Salad Fruit Fruit Probable Steamed Carrots & Ranch Potato Salad Probable Steamed Carrots & Ranch Potato Salad Probable Steamed Carrots & Ranch Potato Salad Potato Salad Probable Steamed Carrots & Ranch Potato Salad Potatos Steamed Carrots & Ranch Potato Salad Potatos Steamed Carrots & Ranch Potato Medges Probato Hash Potato Medges Probato Hash Potato Medges Probato Hash Potato Medges Potato Potato |    |                         |    |                         | •  | JE ACCOO! 1, ECEO       |    |                              |    |   |
|--|----|-------------------------|----|-------------------------|----|-------------------------|----|------------------------------|----|---|
| Cereal B Pancakes L Grilled Cheese Sandwich Steamed Carrots & Ranch Potato Salad Fruit Fru |    | MONDAY                  |    | TUESDAY                 |    | WEDNESDAY               |    | THURSDAY                     |    | FRIDAY                                  |
| Chicken Tenders Green Beans Green Beans Wedges Fruit Ham Roll Up S Churros S Pertzels S  | 30 |                         | 1  |                         | 2  |                         | 3  |                              | 4  |   |
| Green Beans Wedges Fruit Ham Roll Up S Churros S Pretzels S Cereal B Pancakes B Hash Browns Breakfast for Lunch Cole SLaw Fruit Cheese Roll Up S Churros S Stamber Y Stamber Y Stamber Garrots Steamed Carrots Steamed Carrots Steamed Carrots Steamed Carrots Steamed Carrots S S Pretzels S S S S S S S S S S S S S S S S S S S  | В  | Cereal                  | В  | Pancakes                | В  | GoGurt & Apples         | В  |                              | В  |   |
| Wedges   Fruit   Fru   | L  | Chicken Tenders         | L  | Grilled Cheese Sandwich | L  | Cheeseburger            | L  |                              | L  |   |
| Fruit Ham Roll Up S Churros S Pretzels B English Muffins & Jelly L Beef Lo Mein L Spaghetti & Meat Sauce Chicken and Waffles Cole SLaw Fruit Cheese Roll Up S Churros S Strawberry Shortcake Fruit Cheese Roll Up S Churros S Strawberry Shortcake S Pretzels S Cheese and Crackers S Pretzels S Cheese and Crackers S Pretzels S Cheese Roll Up S Corn Salsa Corn Salsa Cole Slaw Fruit   |    | Green Beans             |    | Steamed Carrots & Ranch |    | Corn                    |    | HOLIDAY                      |    | HOLIDAY                                 |
| Ham Roll Up  8   |    | Wedges                  |    | Potato Salad            |    | Fries                   |    |                              |    |   |
| Cereal B Pancakes B Hash Browns B English Muffins & Jelly L Spaghetti & Meat Sauce Lettuce, Tomato Carrot, Ranch Fruit Turkey Roll Up S Churros S Watermelon S Prezels S Cheese and Crackers B Pancakes B Pancakes B Pancakes B Pancakes B Pancakes B Pancakes Fruit Fruit Turkey Roll Up S Churros S S Watermelon S Prezels S Cheese and Crackers B Prezels B Pancakes B B B Pancakes B B B B B B B B B B B B B B B B B B B  |    | Fruit                   |    | Fruit                   |    | Fruit                   |    |                              |    |   |
| Breakfast for Lunch   L   ACP   L   Pizza Day   Strawberry Shortcake   Strawberry Shortca   | S  | Ham Roll Up             | S  | Churros                 | S  | Pretzels                | S  |                              | S  |   |
| Breakfast for Lunch Chicken and Waffles Fruit Cheese Roll Up S Cereal B Pancakes Fruit Turkey Roll Up S Cereal B Pancakes Fruit Turkey Roll Up S Cereal B Pancakes Fruit Turkey Roll Up S Cereal B Pancakes B Pancakes Fruit Fruit Turkey Roll Up S Cereal B Pancakes B Pancakes Fruit Fru | 7  |                         | 8  |                         | 9  |                         | 10 |                              | 11 |   |
| Chicken and Waffles Cole SLaw Fruit Cheese Roll Up S Cereal B Pancakes Fruit Cole Staw Fruit Cheese Roll Up S Cereal B Pancakes Fruit Cole Staw Fruit Cheese Roll Up S Cereal B Pancakes B Apple Muffins Fruit Fruit Cole Staw Core Salsa Cole Slaw Fruit Fruit Cole Staw Core Salsa Cole Slaw Fruit   | В  | Cereal                  | В  | Pancakes                | В  | Hash Browns             | В  | English Muffins & Jelly      | В  | Gogurt & Apples                         |
| Cole SLaw Fruit Cheese Roll Up S Cereal Ham & cheese Melt Steamed Carrots Fruit Turkey Roll Up S Cereal B Pancakes B Pancakes Yellow Rice Fruit Turkey Roll Up S Cereal B Pancakes B Apple Muffins B English Muffins & Jelly L Spaghetti & Meat Sauce Lettuce, Tomato Carrot, Ranch Fruit  | L  | Breakfast for Lunch     | L  | ACP                     | L  | Pizza Day               | L  | Beef Lo Mein                 | L  | Spaghetti & Meat Sauce                  |
| Fruit Cheese Roll Up S Churros S Strawberry Shortcake S Pretzels S Cheese and Crackers  15   |    | Chicken and Waffles     |    | Broccoli                |    | Steamed Carrots & Ranch |    | Green Beans                  | Le | ttuce, Tomato Carrot, Ranc              |
| Cheese Roll Up  Cereal  B Pancakes B Apple Muffins B English Muffins & Jelly L Spaghetti & Meat Sauce Lettuce, Tomato Carrot, Ranch Fruit Turkey Roll Up S Cereal B Pancakes Fruit Turkey Roll Up S Cereal B Pancakes B Pancakes B Pancakes B Potato Wedges Fruit Turkey Roll Up S Cereal B Pancakes B Pancakes B Pancakes B Pancakes B Pancakes B Pancakes B Potato Wedges Fruit Turkey Roll Up S Cereal B Pancakes B Pancakes B Pancakes B Pancakes B Pancakes B Potato Wedges Fruit Turkey Roll Up S Cereal B Pancakes B Pancakes B Pancakes B Pancakes B Potato Wedges Fruit   |    | Cole SLaw               |    |                         |    | Wedges                  |    |                              |    |   |
| Cereal B Pancakes L Cheeseburger L Spaghetti & Meat Sauce L ACP (Chicken cheesy rice) Broccoli Fruit Turkey Roll Up S Churros S Watermelon S Prezels S Cheese and crackers  B Apple Muffins B English Muffins & Jelly B Gogurt & Apples L L Spaghetti & Meat Sauce L ACP (chicken cheesy rice) Broccoli Fruit Frui |    | Fruit                   |    | Fruit                   |    | Fruit                   |    |                              |    | Fruit                                   |
| Cereal B Pancakes B Apple Muffins B English Muffins & Jelly L Spaghetti & Meat Sauce Lettuce, Tomato Carrot, Ranch Fries Yellow Rice Potato Wedges Fruit Potato Wedges Breakfast for Lunch Augher Guacamole Potato Wedges Potato Hash Fruit Stammer Strawberry Shortcake Fruit | S  | Cheese Roll Up          | S  | Churros                 | S  | Strawberry Shortcake    | S  | Pretzels                     | S  | Cheese and Crackers                     |
| Ham & cheese Melt Steamed Carrots Fries Fruit Turkey Roll Up Searange Breakfast for Lunch Waffles Potato Hash Fruit Ham Roll Up Searange Potato Hash Fruit Fruit Fruit Fruit Breakfast Fruit   | 14 |                         | 15 |                         | 16 |                         | 17 |                              | 18 |   |
| Steamed Carrots Fries Fruit Be Gogurt & Apples Green Beans French Fries Fruit  | В  | Cereal                  | В  | Pancakes                | В  | Apple Muffins           | В  | English Muffins & Jelly      | В  | Gogurt & Apples                         |
| Fries Fruit  | L  | Ham & cheese Melt       | L  | Beef Tacos              | L  | Cheeseburger            | L  | Spaghetti & Meat Sauce       | L  | ACP                                     |
| Fruit Turkey Roll Up S Churros S Watermelon S Prezels S Cheese and crackers  22 23 24 25  Cereal B Pancakes B Apple Muffins B English Muffins & Jelly B Gogurt & Apples Breakfast for Lunch L Chicken Tacos L Pizza Day L Philly Cheese Steak L Cheesburger Waffles Red Rice Steamed Carrots & Ranch Sausage Guacamole Fruit Steamed Carrots & Ranch B English & Jelly B Gogurt & Apples B Green Beans Carrots & Ranch Green Beans Green Beans Lettuce, Tomato Carrot, Ranch Broccoli Brown Rice Fruit |    | Steamed Carrots         |    | Corn Salsa              |    | Cole Slaw               | Le | ettuce, Tomato Carrot, Ranch |    | (chicken cheesy rice)                   |
| Turkey Roll Up  S Churros  S Watermelon  S Prezels  S Cheese and crackers  22  23  Cereal  B Pancakes  B Apple Muffins  B English Muffins & Jelly  B Gogurt & Apples  B Fenckfast for Lunch  L Chicken Tacos  Red Rice  Red Rice  Guacamole  Potato Wedges  Potato Hash  Fruit  Ham Roll Up  S Churros  S Strawberry Shortcake  B Finit  Fruit   |    | Fries                   |    | Yellow Rice             |    | Potato Wedges           |    |                              |    | Broccoli                                |
| Cereal B Pancakes B Apple Muffins B English Muffins & Jelly B Gogurt & Apples L Pizza Day L Philly Cheese Steak L Cheesburger Waffles Red Rice Steamed Carrots & Ranch Potato Wedges Potato Hash Fruit |    | Fruit                   |    | Fruit                   |    | Fruit                   |    | Fruit                        |    | Fruit                                   |
| Cereal B Pancakes B Apple Muffins B English Muffins & Jelly B Gogurt & Apples Breakfast for Lunch Waffles Red Rice Steamed Carrots & Ranch Sausage Guacamole Fruit Fruit Fruit Fruit Fruit Ham Roll Up S Cheese Melt Turkey & Cheese Melt Steamed Carrots & Ranch French Fries Fruit Fruit Fruit Fruit Fruit Fruit Fruit French Fries French Fries Fruit   | S  | Turkey Roll Up          | S  | Churros                 | S  | Watermelon              | S  | Prezels                      | S  | Cheese and crackers                     |
| Breakfast for Lunch Waffles Red Rice Red Rice Potato Hash Ham Roll Up  Cereal Turkey & Cheese Melt Steamed Carrots & Ranch Freit Steamed Carrots & Ranch Ham Garrots & Ranch Freit Red Rice Steamed Carrots & Ranch Fruit Fruit Fruit Fruit Fruit Fruit Fruit Fruit Fruit B Fruit  | 21 |                         | 22 |                         | 23 |                         | 24 |                              | 25 |   |
| Waffles Red Rice Guacamole Potato Wedges Macaroni Salad French Fries Potato Hash Fruit Fruit Fruit Fruit Fruit Ham Roll Up S Churros S Strawberry Shortcake S Pretzels S Cheese and Crackers  Cereal B Pancakes B Hashbrown B English & Jelly B Gogurt & Apples Turkey & Cheese Melt L Beef Tacos L Pork Loin Green Beans Steamed Carrots & Ranch Fries Yellow Rice Fruit  | В  | Cereal                  | В  | Pancakes                | В  | Apple Muffins           | В  | English Muffins & Jelly      | В  | Gogurt & Apples                         |
| Sausage Potato Hash Potato Hash Fruit Frui | L  | Breakfast for Lunch     | L  | Chicken Tacos           | L  | Pizza Day               | L  | Philly Cheese Steak          | L  | Cheesburger                             |
| Potato Hash Ham Roll Up S Churros S Strawberry Shortcake S Pretzels S Cheese and Crackers L Fruit S Cereal B Pancakes B Hashbrown B English & Jelly B Gogurt & Apples L Drange Chicken Steamed Carrots & Ranch Corn Salsa Green Beans French Fries Fruit Fruit Fruit Fruit Fruit   |    | Waffles                 |    | Red Rice                |    | Steamed Carrots & Ranch |    | Broccoli                     |    | Green Beans                             |
| Potato Hash Ham Roll Up S Churros S Strawberry Shortcake S Pretzels S Cheese and Crackers S Pretzels S Pretzels S Cheese and Crackers S Pretzels S Pretzel |    | Sausage                 |    | Guacamole               |    | Potato Wedges           |    | Macaroni Salad               |    | French Fries                            |
| Cereal B Pancakes B Hashbrown B English & Jelly B Gogurt & Apples Turkey & Cheese Melt L Beef Tacos L Pork Loin L Spaghetti & Meat Sauce Steamed Carrots & Ranch French Fries Fruit Fruit Fruit Fruit  Steamed Carrots & Fruit Fruit  Turkey & Cheese Melt Carrots & Mashed Potatoes Fruit Fruit Fruit  Turkey & Cheese Melt L Beef Tacos L Pork Loin L Spaghetti & Meat Sauce L Orange Chicken  B Gogurt & Apples L Orange Chicken  Broccoli Brown Rice Fruit   |    | Potato Hash             |    | Fruit                   |    | Fruit                   |    | Fruit                        |    | Fruit                                   |
| Cereal B Pancakes B Hashbrown B English & Jelly B Gogurt & Apples Turkey & Cheese Melt L Beef Tacos L Pork Loin L Spaghetti & Meat Sauce Steamed Carrots & Ranch French Fries Yellow Rice Fruit Fruit Fruit Fruit Fruit  B English & Jelly B Gogurt & Apples L Spaghetti & Meat Sauce L Orange Chicken  Lettuce, Tomato Carrot, Ranch Broccoli Brown Rice Fruit  | S  | Ham Roll Up             | S  | Churros                 | S  | Strawberry Shortcake    | S  | Pretzels                     | S  | Cheese and Crackers                     |
| Turkey & Cheese Melt Steamed Carrots & Ranch French Fries Fruit  Beef Tacos L Pork Loin Green Beans Green Beans Lettuce, Tomato Carrot, Ranch Lettuce, Tomato Carrot, Ranch Broccoli Brown Rice Fruit Fruit Fruit Fruit Fruit  | 28 |                         | 29 |                         | 30 |                         | 31 |                              | 1  |   |
| Turkey & Cheese Melt Steamed Carrots & Ranch French Fries Fruit  Beef Tacos L Pork Loin Green Beans Green Beans Lettuce, Tomato Carrot, Ranch Lettuce, Tomato Carrot, Ranch Broccoli Brown Rice Fruit Fruit Fruit Fruit Fruit  | В  | Cereal                  | В  | Pancakes                | В  | Hashbrown               | В  | English & Jelly              | В  | Gogurt & Apples                         |
| Steamed Carrots & Ranch French Fries Fruit Fruit Fruit Green Beans Lettuce, Tomato Carrot, Ranch Broccoli Brown Rice Fruit Fruit Fruit Fruit Fruit Fruit Fruit   | L  | Turkey & Cheese Melt    | L  | Beef Tacos              | L  | Pork Loin               | L  | Spaghetti & Meat Sauce       | L  | - · · · · · · · · · · · · · · · · · · · |
| Fruit Fruit Fruit Fruit Fruit  | ,  | Steamed Carrots & Ranch |    | Corn Salsa              |    | Green Beans             | Le |                              |    | Broccoli                                |
|  |    | French Fries            |    | Yellow Rice             |    | Mashed Potatoes         |    |                              |    | Brown Rice                              |
| Cheese Roll Up S Churros S Watermelon S Pretzels S Cheese and Crackers   |    | Fruit                   |    | Fruit                   |    | Fruit                   |    | Fruit                        |    | Fruit                                   |
|  | S  | Cheese Roll Up          | S  | Churros                 | S  | Watermelon              | S  | Pretzels                     | S  | Cheese and Crackers                     |