



WESLEYAN CHRISTIAN ACADEMY
MIDDLE SCHOOL & HIGH SCHOOL: JAN 6-29, 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6	7	8	9	10
Grill	Cheeseburger Bar	BBQ Wings	Noodle Bar	Pizza	Pasta Bar
Entree	Chicken and Waffles Spiced Apples Peas Garden Salad Fruit	Tuesday Beef Tacos Corn Guacamole Salsa Black Beans Rice Fruit	Spaghetti and Meat Sauce Bread Sticks Roasted Cauliflower Carrots Fruit	Sweet and Sour Chicken Rice Broccoli Squash Fruit	ACP "Rice with Chicken and Cheese" Chef's Veggies Fruit
Vegan	Vegan Waffles	Bean Tacos	Pasta Marinara	Fried Tofu	Veggie with Rice
GI. Safe	GF Waffles	Gluten Friendly Beef Tacos	GF Pasta and Meat Sauce	GF Chicken with Rice	ACP
	13	14	15	16	17
Grill	Cheeseburger Bar	Chef's Special	Potato Chili Bar	Pizza	Pasta Bar
Entree	Chicken Tacos Corn Rice Pineapple Pineapple	Pulled Pork BBQ Bar Texas Toast or Bun Baked Beans Potato Salad Slaw Apple Cobbler Assorted Sauces Fruit	Sweet Chili Chicken Thighs Fried Rice Stir Fried Vegetables Peas Fruit	Cheese Steak Subs Fresh Carrots and Ranch Chef's Vegetable Potato Wedges Fruit	Mac and Cheese Bar Broccoli Bacon Ham Buffalo Chicken Green Beans Fruit
Vegan	Grilled Mushroom Fajitas	BBQ Tofu	Vegan Sweet&Sour	Vegan Burger Sub	Pasta Marinara
GI. Safe	Gluten Friendly Fajitas	GF Bun Pork Sandwich			
	20	21	22	23	24
Grill	Holiday	Buffalo Wings	Burrito Bar	Pizza	Pasta Bar
Entree		Tuesday Beef Tacos Corn Guacamole Salsa Black Beans Rice Fruit	Chicken Parmesan Asparagus Blend Marinara Herbed Noodles Fruit	Chicken Pot Pie Roasted Cauliflower Green Beans Garden Salad Fruit	ACP "chicken, rice, cheese sauce" Broccoli Chef's Vegetable Fruit
Vegan		Bean Tacos	Pasta Marinara	Vegan Pizza	Pasta Marinara
GI. Safe					
	25	26	27	28	29
Grill	Cheeseburger Bar	BBQ Wings	Ramen Bar	Pizza	Pasta Bar
Entree	Scrambled Eggs Biscuits Sausage Gravy Garden Salad Fruit	Tuesday Beef Nachos Cheese Sauce Black Beans Corn Guacamole Salsa Lettuce Tomato Sour Cream Fruit	Tortellini Marinara Roasted Carrots Sugar Snap Peas Bread sticks Fruit	Chicken Cheese Quesadilla Fresh Salsa Festive Corn Cilantro Rice Fruit	Chicken Mac and Cheese Broccoli Garden Salad Bread Sticks Fruit
Vegan	Vegan Breakfast	Vegan Nachos	Vegan Ramen	Vegan Pizza	Pasta Marinara
GI. Safe					