



**WESLEYAN CHRISTIAN ACADEMY
MIDDLE & HIGH SCHOOL MENU**

November 4 - December 6, 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7	8
Grill	Cheeseburger	Jerk Seasoned Wings	Chicken Bacon Ranch Sandwich	Pizza (Veggie or Pepperoni)	Pasta Bar
Entree	French Toast Sticks Bacon Scrambled Eggs Hash Browns Fruit Salad	Tuesday Beef Tacos Corn Salsa Blackbeans Rice Cole Slaw Fruit	Herb Roasted Chicken Legs Garlic Roasted Green Beans Roasted Carrots Rice Pilaf Fruit	Baked Potato Bar Chili Cheese Jalapeno Bacon Sour Cream Scallion Portabella Garden Salad Fruit	Chicken Mac and Cheese Broccoli Garlic Breadstick Butternut Squash Fruit
Vegan	Vegan Breakfast	Bean & Veggie Tacos	Vegan Pasta	Vegan Pizza	Vegan Mac and Cheese
Gl. Safe	GF Bun Burger	Wings/ GF Tortilla Tacos	GF Pasta with Chicken	GF Pizza	GF Pasta
	11	12	13	14	15
Grill	Cheeseburger	Buffalo Wings	Chicken Cordon Bleu Sandwich	Pizza (Meat Lovers or Cheese)	Pasta Bar
Entree	Scrambled Eggs Pancakes Bacon Fruit Salad Yogurt	Tuesday Beef Nachos Bar Cheese Sauce Beans Lettuce Tomato Sour Cream Salsa Fruit	Cheese Tortellini Marinara Broccoli Vegetable Medley Garlic Bread Ceasar Salad Fruit	Roast Turkey Gravy Sweet Potato Casserole Collards Corn Bread Dressing Cranberry Sauce Broccoli Apple Salad	ACP Vegetable Medley Green Beans Garden Salad Fruit
Vegan	Vegan Breakfast	Bean Tacos	Veggie Marinara Pasta	Vegan Pizza	Veggie Rice
Gl Safe	GF Bun Cheeseburger	Wings/ GF Tortilla Taco	GF Chicken Cordon Bleu	GF Pizza	ACP
	18	19	20	21	22
Grill	Cheeseburger	Thai Chili Wings	BBQ Cheddar Chicken Sandwich	Pizza (Veggie or Cheese)	Pasta Bar
Entree	Chicken and Waffles Spiced Apples Tater Tots Yogurt Fruit Salad	Tuesday Chicken Taco Pinto Beans Rice Spicy Guacamole Salsa Fruit	*Roasted Pork Loin Apple Chutney Roasted Brussel Sprouts Roasted Potatoes Fruit	Chicken Supreme with Bacon Green Beans Mixed Veggies Mashed Potatoes Fruit	Cheeseburger Mac & Cheese Broccoli Garlic Breadsticks Garden Salad Fruit
Vegan	Vegan Breakfast	Bean & Veggie Tacos	Vegan Nuggets	Vegan Pizza	Veggie "Cheese" and Mac
Gl Safe	GF Waffle	Wings/ GF Tortilla Tacos	GF Chicken Nuggets Meal	GF Pizza	GF Pasta
	25	26	27	28	29
	Holiday	Holiday	Holiday	Holiday	Holiday
	2	3	4	5	5
Grill	Cheeseburger	Thai Chili Wings	BBQ Cheddar Chicken Sandwich	Pizza(Cheese or Pepperoni)	Pasta Bar
Entree	Scrambled Eggs Biscuits/Gravy Sausage Hash Browns Yogurt and Fruit	Tuesday Beef Tacos Corn Peppers and Onions Black Beans Salsa Rice Fruit	Cheeseburger Bar Broccoli Potato Wedges Cole Slaw Fruit	Sweet and Sour Chicken Garlic Green Beans Stir Fried Vegetables Lo Mein Fruit	ACP Vegetable Medley Carrots Garden Salad Fruit
Vegan	Vegan Breakfast	Bean Tacos	Veggie Burger	Roasted Soy	Pasta Marinara
Gl Safe	GF Breakfast	GF Tacos	GF Cheeseburger	GF Pizza	GF Pasta