



**WESLEYAN CHRISTIAN ACADEMY  
UPPER SCHOOL  
August 13-30th**



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	<b>13</b>			<b>14</b>		<b>15</b>		<b>16</b>	
		Fried Chicken Sandwich		Bacon Cheeseburger		Pizza Pepperoni or Cheese		Pasta Bar Marinara and Alfredo	
		Tuesday Beef Taco		Beefaroni		Sweet and Sour Chicken		ACP	
		Fiesta Corn		Steamed Carrots		Rice(peas and carrots)		Vegitable Medley	
		Spanish Rice		Garlic Breadsticks		Broccoli		Ranch Carrots	
		Fruit		Fruit		Fruit		Fruit	
		Spiced Watermelon		Tomato Mozz Salad		Asian Slaw		Garden Salad	
		Bean Tacos		Vegan Burger		Vegan GF Pizza		DF Vegan ACV	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>					
Thai Chili Chicken Wings	Fried Chicken Sandwich	Turkey Burger with Swiss	Pizza Veggie or Cheese	Pasta Bar Marinara and Alfredo					
Mongolian Beef	Tuesday Chicken Taco	Pulled Pork Sandwich	Beef Shepard's Pie	Scrambled Eggs					
Broccoli	Peppers, Onions, Squash	Collard Greens	Peas and Carrots	Sausage Patties					
Rice	Black Beans	Cole Slaw	Garden Salad	Biscuits and Gravy					
Fruit	Fruit	Fruit	Fruit	Potato Hash					
Lo mein Salad	Red Slaw	Garden Salad	Chopped Salad	Fruit Salad					
Stuffed Squash	Bean Tacos	BBQ Soy	Veggie Pie	Vegan Breakfast					
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>					
Buffalo Wings	Fried Chicken Sandwich	Bacon Cheeseburger	Pizza Sausage or Cheese	Pasta Bar Marinara and Alfredo					
Orange Chicken Tempura	Tuesday Pork Taco	Chicken Mac and Cheese	Cheeseburger	Turkey Pot Pie					
Garlic Green Beans	Corn Salsa	Broccoli	Fresh Potato Chips	Peas and Carrots					
Rice	Rice	Garden Salad	Cole Slaw	Steamed Potatoes					
Fruit	Fruit	Fruit	Fruit	Fruit					
Asian Chopped Salad	SW 3 Bean Salad	Peas	Garden Salad	Roasted Veggie Salad					
Fried Squash	Bean Tacos	Vegan Mac	Vegan Burger	Stuffed Mushroom					
<b>Grill Special</b>	<b>Entree</b>	<b>Vegi Meal</b>							