



# WESLEYAN CHRISTIAN ACADEMY

## Elementary Menu

Sept 2-October 4



	MONDAY	*TUESDAY	WEDNESDAY	*THURSDAY	FRIDAY
	2	3	4	5	6
<b>Academy</b>	<b>No School</b>	Tuesday Beef Taco Corn Seasoned Rice Fruit	Pork Fried Rice Peas and Carrots Green Beans Fruit	Beefaroni and Meat Sauce Steamed Carrots Garlic Bread Sticks Fruit	Chicken Strips Peas Baked Tots Fruit
<b>Vegan Elementary</b>		Vegan Burger Taco Quesadilla	Spaghetti and tomato Sauce Corn Dogs	Vegan Burger Pizza	Stuffed Mushroom Turkey Burger
	9	10	11	12	13
<b>Academy</b>	Scrambled Eggs Pancakes Bacon Fruit	Tuesday Chicken Taco Peppers, Onions Black Beans; rice Fruit	Sweet and Sour Chicken Broccoli Brown Rice Fruit	Cheeseburger Fresh Potato Chips Cole Slaw Fruit	ACP Vegetable Medley Garden Salad Fruit
<b>Vegan Elementary</b>	Vegan Breakfast Cheeseburger	Vegan Burger Taco Quesadilla	Vegan Grilled Cheese Chicken Sandwich	Vegan Tenders Pizza	Spaghetti and Tomato Sauce Chicken Bacon Ranch Wrap
	16	17	18	19	20
<b>Academy</b>	Scrambled Eggs Biscuits/Gravy Bacon Fruit	Tuesday Beef Tacos Corn Salsa Rice Fruit	Hot Dog Baked Beans Chips Fruit	Chicken Pot Pie Peas and Carrots Steamed Potatoes Fruit	<b>Teacher's Inservice</b>
<b>Vegan Elementary</b>	Stuffed Mushroom Cheeseburger	Bean Tacos Quesadilla	BBQ Tofu Chicken Wings	Vegan Burger Pizza	
	23	24	25	26	27
<b>Academy</b>	Chicken and Waffles Stoco Spiced Sauce Collard Greens   Pinto Beans Fruit	Tuesday Beef Taco Fiesta Corn Spanish Rice Fruit	Beefaroni Steamed Carrots Garlic Breadsticks Fruit	Sweet and Sour Chicken Rice(peas and carrots) Broccoli Fruit	ACP Vegetable Medley Garden Salad Fruit
<b>Vegan Elementary</b>	Vegan Grilled Cheese Cheeseburger	Vegan Burger Taco Quesadilla	Vegan Baked Potato Hot Dogs	Vegan Chicken Tenders Pizza	Vegan Patty Chicken Bacon Ranch Wrap
	30	Oct 1	Oct 2	Oct 3	Oct 4
<b>Academy</b>	French Toast Sticks Bacon Scrambled Eggs Fruit	Tuesday Beef Tacos Corn Salsa Rice Fruit	Chicken Parm Steamed Carrots Pasta Fruit	Roasted Turkey/Gravy Green Beans Sweet Potatoes Fruit	Chicken Mac and Cheese Broccoli Garlic Breadsticks Fruit
<b>Vegan Elementary</b>	Vegan French Toast Cheeseburger	Bean Tacos Quesadilla	Spagetti Marinara and Veggies Chicken Wings	Roasted Tofu Pizza	Vegan Mac and Cheese Fried Chicken Biscuit

Veggie Option

Academy

Elementary Option