



**WESLEYAN CHRISTIAN ACADEMY
ELEMENTARY DINING MENU**



October 2- November 1, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Chicken Nugget Green Beans Carrots Fruit Smokehouse Chicken Tomato Pie</p>	<p>3 Cheese Quesadillas Red Beans Broccoli Fruit Beef Tacos</p>	<p>4 Penne Alfredo Peas Corn Ice Cream Pork Fried Rice</p>	<p>5 Hamburger Corn Peas Fruit Penne Chicken Alfredo Bake Black Bean Burger</p>	<p>6 Turkey Burgers Green Beans Waffle Fries Fruit Crispy Chicken Sandwich Black Bean Burger</p>
<p>9 Bowtie w/ Marinara Green Beans Corn Fruit Lasagna</p>	<p>10 Macaroni and Cheese Broccoli Black Beans Fruit Brisket Nachos</p>	<p>11 Grilled Cheese Green Beans Carrots Ice Cream Sweet Heat Chicken</p>	<p>12 Chicken Nuggets Steamed Broccoli Rice Fruit Jerked Chicken Jerked Marinated Portobello</p>	<p>13 Early Release</p>
<p>16 Tenders Green Beans Wild Rice Fruit Chicken Marsala Roasted Portobello</p>	<p>17 Chicken Tacos Rice Broccoli Fruit Carnitas Pork Tacos Veggie Taco</p>	<p>18 Roasted Turkey Rice Snow Peas Ice Cream Mandarin Chicken Veggie Wrap</p>	<p>19 Cheese Tortellini Corn Broccoli Fruit Jambalaya</p>	<p>20 Corn Dogs Carrots Green Peas Fruit Chicken Pesto Ravioli Black Bean Burger</p>
<p>23 Grilled Chicken Sandwich Broccoli Orzo Pasta Salad Fruit Chicken Gyros Veggie Gyros</p>	<p>24 Bacon Quesadilla Rice Fajita Vegetables Fruit Chimichurri Steak Fajitas Veggie Taco</p>	<p>23 Sweet and Sour Chicken Green Beans Corn Ice Cream Teriyaki Chicken Stir-fry Vegetables w/ Rice</p>	<p>24 Teacher Work Day</p>	<p>25 Teacher Work Day</p>

<p>28</p> <p>Chicken Nugget Rice Corn Fruit Roasted Chicken</p>	<p>29</p> <p>Beef Tacos Rice Corn Salsa Fruit Chipotle Chicken</p>	<p>30</p> <p>Penne Alfredo Carrots Snow Peas Ice Cream General Tso's Chicken</p>	<p>31</p> <p>Hamburger Corn Peas Fruit Pork Ribs</p>	<p>1</p> <p>Chicken Sandwiches Green Beans House Salad Fruit Baked Spaghetti</p>
<p>Herb Roasted Tofu</p>	<p>Roasted Portobello Taco</p>	<p>Stir-fry Vegetables w/ Rice</p>	<p>Linguine Florentine</p>	<p>Black Bean Burger</p>